



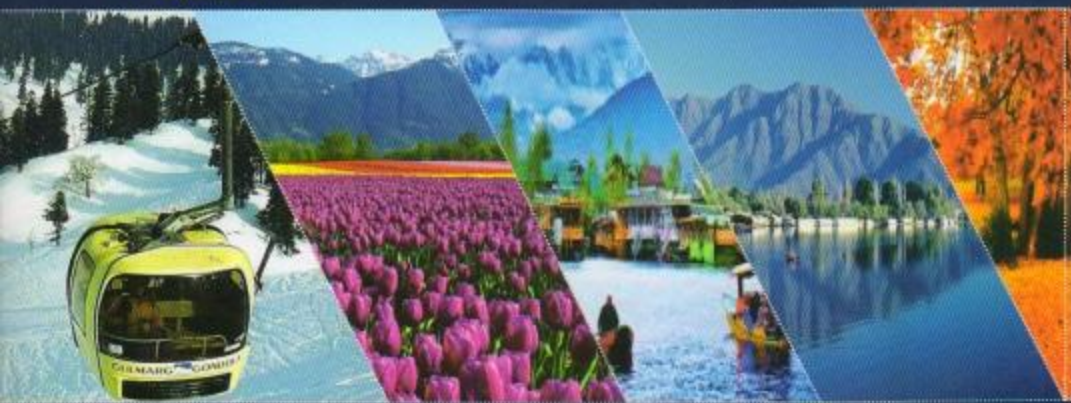
2nd JK Medical Science Congress 2017

10-12 May 2017

&

1st Annual Conference of M P PCOS Society

12-13 May 2017



Venue: Sher-i-Kashmir International Conference Centre, Srinagar (SKICC)

Organized by:

Sher-i-Kashmir Institute of Medical Sciences, Srinagar

in collaboration with

JK Universities, Medical Colleges, Dental Colleges & Directorates of Health Services

Jointly Sponsored by:

Science & Technology Council Govt. of J&K, and Metabolic Syndrome-Prediabetes-PCOS Society



Message from Convener JK Med Science Congress 2017



Prof. Mohammad Ashraf Ganai

Dear Colleagues

As you are aware that there is a burgeoning epidemic of various Non-Communicable Diseases (NCDs) such as Obesity, Hypertension, Diabetes mellitus, Cardiovascular diseases, PCOS, fatty liver etc. which are mostly attributable to recent changes in the life-style especially among the developing nations. Keeping in view the fact that most of these disorders have common etiological factors, metabolic derangements and therapeutic strategies, a broad platform named as Metabolic syndrome-Prediabetes-PCOS Society (M P PCOS Society) has been initiated. The society is a scientific body of professionals belonging to multiple disciplines to promote education, research and awareness among lay public, researchers and clinicians about these conditions.

The 1st Annual Conference of Metabolic Syndrome-Prediabetes-PCOS Society (M P PCOS CON 2017) is to be held in tandem with 2nd J&K Medical Science Congress (JK MSC 2017) to be organized by Sher-i-Kashmir Institute of Medical Sciences, Srinagar in collaboration with JK Universities, Medical Colleges, Dental Colleges and Directorates of Health Services. This congress is being co-sponsored by Department of Science & Technology and M P PCOS Society. In view of this, the theme of the congress this year has been chosen to be "NCDs in Developing Nations".

On behalf of the Organizing Committee of these twin events, I cordially invite you to participate in these scientific bonanzas. We at the organizing secretariat of these twin meetings are working hard under the leadership of Patrons, Co-patrons to make these academically and culturally enriching events for all of us. We wish all the participants an enjoyable stay in the Paradise on Earth.

Message from Organizing Secretary M P PCOS CON 2017



Dr. Raiz Ahmad Misgar

Dear Colleagues,

On behalf of the Organizing Committee of M P PCOS CON 2017, we have great pleasure in inviting you to the 1st Annual Conference of the M P PCOS Society to be held at Srinagar on 12-13 May 2017 following JK MSC 2017. The scientific program for M P PCOS CON 2017 has been carefully designed to update our knowledge on various aspects of metabolic derangements of PCOS, Prediabetes, Obesity, etc. with an attempt to create an interface not only between basic scientists and clinicians but among various clinical disciplines too. Within the ambit of this year's theme (Expanding Spectrum of PCOS), the program that includes Orations, Plenary lectures, invited talks, panel discussions, workshops, and free paper and poster presentations is likely to serve a good scientific feast to the attendees. There will be opportunities for young researchers to interact and showcase their talent. A number of workshops such as Bariatric Surgery, Ultrasonography, IVF etc. will be held during the meeting. We look forward for your participation and active scientific contribution.

About Metabolic Syndrome-Prediabetes-PCOS Society (M P PCOS Society)

The M P PCOS Society is a not-for-profit, scientific body of professionals across multiple disciplines of medicine dedicated to promote research, hold CMEs and increase awareness among public and professionals about non-communicable diseases (NCDs) related to changes in lifestyle. These conditions including Diabetes mellitus, Coronary heart disease, Obesity, Metabolic syndrome, Fatty livers are closely linked to Polycystic ovary syndrome, making them to fall in a spectrum. Accordingly, the society is planned to cater to basic scientists, clinicians, students and faculty belonging to the disciplines of Endocrinology, Gynecology, Cardiology, Gastroenterology, Pediatrics, Psychiatry, Radiology etc. The main objective is to create an interface between these diverse clinical specialties. This effort is likely to enhance our understanding towards these lifestyle related diseases and will help policy planners and clinicians in the trade against NCDs. The details about the society can be had from www.mppcosociety.com

For Registration Please Contact

Srinagar: Mr. Abid Rashid

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Mr. Feroz Ahmad Sali Cell: +919906769445

Delhi: Mr. Mukesh Kumar Srivastava

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PROGRAMME HIGHLIGHTS

JK MSC 2017

Theme

NCDs in Developing Nations

- Diabetes mellitus
- Stroke/CVD/Hypertension
- Lifestyle Related Cancers
- Trauma and Road Traffic Accidents
- Thyroid/Bone Disorders/Osteoporosis
- Toxicants/Drug Addiction/Smoking
- Psychiatric Morbidities
- Medicolegal issues in medical practice
- Technology and Medicine

M P PCOS CON 2017

Theme

Expanding Spectrum of PCOS

- Epidemic of PCOS and Diabetes in India
- Challenges in the Diagnosis and Treatment of PCOS
- Challenges in the Management of Diabetes and Obesity
- Fertility and PCOS
- Risk factors in PCOS
- Imaging Modalities in PCOS
- Associated Comorbidities of PCOS (Cancer Risk, Mood Disorders, Obstructive Sleep Apnea, Cardiovascular Risk etc.)

SUBMIT ABSTRACT TO

absjkms17@gmail.com

JK MSC 2017

absmpcos17@gmail.com

M P PCOS CON 2017

ABSTRACT SUBMISSION GUIDELINES:

- * The presenting author should be a registered delegate for the conference.
- * Abstract must be structured (background, materials & methods, results and conclusion). It should not exceed 250 words.
- * It should include name of presenting author, department, institution, address, mobile no. and email address. All papers should be submitted in a standard format. As shown in the website mentioned below.
- * It will be the sole discretion of scientific committee to accept/reject the paper/poster for the said conference.

Who Can Attend:

- * General practitioners
- * Physician specialist
- * Super specialists
- * Basic scientists
- * Paramedics
- * Nutritionists
- * Students (Medical/Paramedical Research Scholars)

PAPER SUBMISSION GUIDELINES: PLEASE VISIT

Websites: www.jkmedcong2017.org; www.mppcos2017.com

Last date for submission of abstracts 31 March 2017

**CME
CREDIT POINTS
WILL BE AWARDED TO
ALL THE REGISTERED
PARTICIPANTS**

Organizing Committee JK Med Science Congress 2017

Chief Patron
A G Ahangar
Director & EOSG SKIMS

Patrons

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Jatinder Mehta	Arshad Rafi	Abdul Gani Rather	Rakesh Kumar

Organising Institution

Sher-i-Kashmir Institute of Medial Sciences, Soura- Srinagar (SKIMS)

Co-organizing Institutions

University of Kashmir, Hazratbal, Srinagar, SKIMS Medical College, Bemina, Srinagar, Government Medical College, Srinagar, SKUAST Kashmir, SKUAST Jammu; Central University of Kashmir, Central University of Jammu, University of Jammu, Shri Mata Vaishno Devi University, Jammu, Islamic University of Science & Technology, Awantipora Kashmir, Baba Ghulam Shah Badshah University, Rajouri Jammu; Government Medical College, Jammu; Acharya Shri Chander College of Medical Sciences, Jammu; Government Dental College, Srinagar, Government Dental College, Jammu; Directorate of Health Services, Kashmir; Directorate of Health Services, Jammu; and Jammu and Kashmir State AIDS Control Society-J&K

Advisory Committee

Soumiya Swaminathan	Vijay Raghavan	M S Khuroo	R Guleria
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Anil Bhansali	Rajendra Badwe	B D Athani	Shahid Jameel
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Richa Dewan	S K Singh	D K Sharma	A K Gupta
R S Sharma	Shakti Gupta	Smita Mahale	M Y Kharadi
Mehraj ud din	A H Zargar	R P Kudyar	Upendra Koul
Sushil Razdan			

Conference Secretariat

Department of Endocrinology Room No. P 118/119, SKIMS Srinagar, J&K, India.

Tel:- 0194-2405501, +919086939711 | Fax:- 0194-2405501

Website: www.jkmedcong2017.org, Email:- jkmedscong2017@gmail.com, mppcoscon2017@gmail.com

Invited Faculty



R Rosenfeild (USA)



G J Mufti (UK)



Gul Bano (UK)



Bilal Malik (USA)



Monica Chawla (UAE)



C Wijeratne (Srilanka)



Soumya Swaminathan



M K Bhan



Vishwa Mohan Katoch



V K Paul



Seyed E Hasnain



Randeep Guleria



G N Singh



Nikhil Tandon



Narinder Mehra



Alka Kriplani



Kameshwar Prasad



Shakti Gupta



B D Athani



V Mohan



G N Qazi



Roya Rozati



J B Sharma



Neena Khanna



A B Dey



KM Prasanakumar



B Sesikeran



C S Bal



Y K Gupta



R S Sharma



RK Marwaha



Smita Mahale



Sonia Malik



Deepak Koul



Nilima Kshirsagar



S C Sharma



S K Singh



Neena Malhotra



P P Kotwal



J S Sandhu



Sarita Bajaj



Satinath M



R Rajput



MV Muraliedharan



Surinder Singh



S V Madhu



Bikash Mehdi



P Dhabadgao

Organizing Committee M P PCOS CON2017

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Altaf R Kirmani (Dean SKIMS, Srinagar)	Vice-Patrons Balram Airan (Dean AIIMS, ND)	Smita D Mahale (Director NIRRH, Mumbai)
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Manoj Chadda	Bharati Dorepatel	Prema Varthakavi
	Vatsala Dhadwal	

Conference Secretariat

Department of Endocrinology Room No. P 118/119, SKIMS Srinagar, J&K, India.

Tel:- 0194-2405501, +919086939711 | Fax:- 0194-2405501

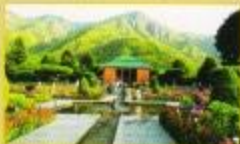
Website: www.mppcos2017.com, Email:- jkmedscong2017@gmail.com, mppcoscon2017@gmail.com

ABOUT KASHMIR



Dal Lake

Dal lake, named the "Jewel in the crown of Kashmir" or "Srinagar's Jewel" is just around the venue. The lake has a shore line of about 15.5 kilometres (9.6 mi) and is encompassed by a boulevard lined with Mughal era gardens, parks, houseboats and hotels. Scenic views of the lake can be witnessed from the shore line Mughal gardens such as Shalimar Bagh and Nishat Bagh built during the reign of Mughal Emperor Jahangir and from houseboats craning along the lake in the colourful shikaras. During the winter season, the temperature sometimes reaches -11°C (12°F), freezing the lake but in the month of may the blossoming gardens around the lake give mesmerizing shadows in the back drop of the lake. Dachigam National Park, Royal Spring Golf Course famous Shankaracharya temple are at stone's throw of the venue.



Mughal Gardens

In the vicinity of SKICC there are number of beautiful mughal gardens such as Shalimar Bagh, Nishat Bagh, Harwan Bagh, Tulip Garden, Cheshmahabi and Botanical Garden host the maximum. The terrace gardens of Shalimar Bagh and Nishat Bagh offer a magnificent view mountain range and the scenes of Shikaras, House Boats, Cher Chinar, Hazratbal Shrine etc. in the dal lake. In the month of May most of these Gardens have full blown blossom, although Tulips of the famous Indira Gandhi Memorial Tulip garden are on the decline. Badamwal (Almond Blossom) which is the most important attraction in the month of May is 5 kms away from the venue.



Phalgam

Phalgam located in the southern part of the valley is about 90 kms (90 minute drive) from the venue. The Betab Valley, Auro, Chanderwan are the most attractive destinations here. It is also enroute to Amarnathi shrine and is crossed by the Lidder River. In the month of May Phalgam is the most attractive tourist destination owing to the pleasant and cool breeze emanating from the dense forests. Phalgam has also world class sixteen hole Golf course and a tourist reception center.



Gulmarg

Gulmarg situated at an altitude of 2730 meters above sea level is 40 kms from the venue. The meadow is known for snow-capped peaks and the lovely landscapes and is the Asia's only heli-skiing resort. There are immense beauty and adventure activities that make Gulmarg much more than a cool hill resort. It is a convenient base for treks to the Himalayas and also offers various winter sports facilities to the tourists. Gulmarg in the month of may is pleasant due to left over the snow as well as new greens of the meadow. The Gandola has two stages and gives a thrilling experiences.



About SKIMS

Sher-i-Kashmir Institute of Medical Sciences, the only tertiary care institute of kashmir valley has treaded a long way to accomplish the vision of making it a "Centre of Excellence". After commissioning of SKIMS in the year 1982, it has developed adequately to cater to almost entire medical need of the people of this state. SKIMS, a Deemed University and premier medical center of India, is engaged in providing high quality patient-care and academic courses to produce the trained and skilled manpower. Besides, it provides need-based biomedical research to provide better patient care with modern and sophisticated equipments. SKIMS awards a variety of medical courses such as Post-doctoral Doctoral, DNB, Postgraduate, Undergraduate, B.Sc. and M.Sc. in various disciplines. SKIMS, the organizing institute is located 8 kms from the venue.



About SKICC

Located on the banks of picturesque world famous "DAL" Lake, SKICC is a state managed convention centre of international standards, with easy access from the Srinagar International Airport and central city of Srinagar. It is a multifunctional venue with variety of conference halls & exhibition spaces with number of conference halls & exhibition lavans. SKICC is equipped with modern documentation subsonic facilities and broadband internet connectivity. The auditorium (Plenary Hall) is its main attraction which has simultaneous interpretation facility into six languages supported by Line array audio systems.

AGENDA TENTATIVE

Day 1, 10th May, Wednesday

- Ⓢ 8:00 AM – Registration
- Ⓢ 9:00 AM – Oration I
- Ⓢ 9:30 AM – Oration II
- Ⓢ 10:00 AM – Plenary sessions
- Ⓢ 11:00 AM – Tea Break
- Ⓢ 11:10 AM – Scientific session I
- Ⓢ 1:30 PM – Lunch Break
- Ⓢ 2:00 PM – Scientific session II
- Ⓢ 3:00 PM – Scientific session III
- Ⓢ 5:00 PM – Inauguration (JK Med Cong.)



GETTING THERE

Srinagar Airport, named as Sheikh ul Alam Airport, is an international airport, placed just 15 km away from the center of the city. This airport is well connected and airlines offer regular flights from Srinagar to Delhi, Mumbai and Chandigarh.

To reach Srinagar by train, one has to reach either Jammu Tawi or Udhampur railway station. The stations are well connected with different parts of India. From these stations, you can hire taxis, private as well as the state government buses to reach this magnificent place.

Day 2, 11th May, Thursday

- Ⓢ 8:00 AM – Registration
- Ⓢ 9:00 AM – Oration I
- Ⓢ 9:30 AM – Oration II
- Ⓢ 10:00 AM – Plenary sessions
- Ⓢ 11:00 AM – Tea Break
- Ⓢ 11:10 AM – Scientific session I
- Ⓢ 1:30 PM – Lunch Break
- Ⓢ 2:00 PM – Scientific session II
- Ⓢ 3:40 PM – Scientific session III
- Ⓢ 7:00 PM – Dinner

Day 3, 12th May, Friday

- Ⓢ 8:00 AM – Registration
- Ⓢ 9:00 AM – Oration I
- Ⓢ 9:30 AM – Oration II
- Ⓢ 10:00 AM – Plenary session
- Ⓢ 11:00 AM – Tea Break
- Ⓢ 11:10 AM – Scientific session I
- Ⓢ 3:30 PM – Lunch Break and Prayer
- Ⓢ 2:30 PM – Scientific session II
- Ⓢ 3:30 PM – Valedictory function (JK Med Cong.)
- Ⓢ 4:00 AM – Registration (MPPCOS CON)
- Ⓢ 5:00 PM – M P PCOS -Introduction
- Ⓢ 5:15 PM – AC Anazi Oration
- Ⓢ 6:00 PM – Session I
- Ⓢ 7:00 PM – Formal Launch-Release of Newsletter
- Ⓢ 8:00 PM – Gala Dinner

Day 4, 13th May, Saturday

- Ⓢ 8:00 AM – Registration
- Ⓢ 9:00 AM – Oration I
- Ⓢ 9:30 AM – Oration II
- Ⓢ 10:00 AM – Plenary sessions
- Ⓢ 11:00 AM – Tea Break
- Ⓢ 11:10 AM – Scientific session I
- Ⓢ 1:30 PM – Lunch Break
- Ⓢ 2:00 PM – Scientific session II
- Ⓢ 3:00 PM – Valedictory function (MPPCOS CON)



Sher-i-Kashmir International Conference Centre (SKICC)



Srinagar Map

REGISTRATION DETAILS:

Category	Till 15th March, 2017	Till 10th April, 2017	Spot Registration
Delegates	₹ 2,000 (100\$)	₹ 4,000 (200\$)	₹ 5,000 (400\$)
Student	₹ 1,000 (50\$)	₹ 1,500 (75\$)	₹ 2,500 (150\$)

REGISTRATION

Category	Early Bird		
	Till 15th March, 2017	Till 10th April, 2017	Spot Registration
JK Medical Science Congress (10th-12th May 2017)			
Delegates	₹ 1,500 (75\$)	₹ 2,500 (125\$)	₹ 5,000 (250\$)
Student	₹ 750 (40\$)	₹ 1,000 (50\$)	₹ 1,500 (100\$)
M P PCOS CON (12th-13th May 2017)			
Delegates	₹ 1,000 (50\$)	₹ 2,000 (100\$)	₹ 4,000 (200\$)
Student	₹ 500 (25\$)	₹ 750 (40\$)	₹ 1,200 (70\$)
Combined (JK Science Congress & M P PCOS CON 10th-13th May 2017)			
Delegates	₹ 2,000 (100\$)	₹ 4,000 (200\$)	₹ 8,000 (400\$)
Student	₹ 1,000 (50\$)	₹ 1,500 (75\$)	₹ 2,500 (150\$)

- Registration charges will entitle you to scientific programme including workshops, delegate kit, and refreshments.
- Accompanying persons (family members) will be charged @ 50% of registration fee.
- Those participants desiring assistance for Accommodation / Travel may please visit official website of the conference or call conference secretariat.

Payment Details: NEFT / DD in favour of MPPCOSCON2017

A/C no: 0342010100000729 | IFSC Code: JAKA0SKIMSS | MICR : 190051058
JK Bank SKIMS Branch Srinagar, J&K, India

REGISTRATION FORM

Name..... Age/Sex.....

Designation Institution.....

Address for correspondence:.....

Tel. (O)..... (R)..... Fax:.....

Mobile:..... E-mail:.....

JK MSC / M P PCOSCON Member: Yes..... No..... Membership No.....

Accompanying persons: 1..... Age/Sex:.....